# WAUKESHA COUNTY MENTAL HEALTH CENTER MENTAL HEALTH ADVISORY COMMITTEE MEETING OCTOBER 19, 2009 MINUTES

Present:

Dennis Farrell – (WCHHS Board)
Michael DeMares (WCDHHS)
Sandra Hack (DHHS)
Troy Norman (Goodwill)
Corrine Gresen (WMH)
Maura McMahon (Public Defender Office)

Mary Madden (NAMI)
Lisa McLean (MHA)
Joan Sternweis (MHC - DT)
Diane Begos (MHC - CCS)
Linda Cole (Friendships)

Excused:
Colleen Gonzalez (WCTC
Misty Barnhill (Friendships)
James Hanover (Div. of Voc. Rehab.)

Marybeth Vander Male (HIL)

The meeting was called to order by Mary Madden at 1:35 p.m.

# Educational Segment: Alcohol and other Drug Abuse Intensive Outpatient, Residential, Halfway House and Volunteer Programming overview – Susan Andrews

Mike DeMares introduced Susan Andrews, Supervisor of the Alcohol and Other Drug Abuse (AODA) Services. Susan explained work has been done to expand and make the AODA Outpatient Program more intense. Outpatient services is set up in three modules for morning, afternoon and evenings. Gender specific groups were needed. Program designs were based on evidence based components needed for any AODA Program and best practices. The education component teaches clients about their disease and disease processes. One-on-one sessions are held. A variety of counselors and staff who work with different groups hold staffing meetings to review progress of all clients. There are two volunteer "Alumni" groups who assist with developing support systems in the community. The AODA Volunteer group in Waukesha County provides support for AODA Department, by attending speaking engagements and one-to-one mentoring. Services are provided to clients with T-19, some HMO's, private insurances or no insurance. Mike D. and Susan A. reviewed the half way houses available, dual diagnosis groups, degrees and licensing held by counselors, and the positive community feedback.

# Review and Approval of February 2009 Minutes

The minutes were reviewed. Troy Norman made two changes. Mike DeMares moved to approve with changes. Dennis Farrell seconded the motion. The minutes were approved with changes.

# **Board Liaison Report**

Dennis Farrell stated the Board met on September 24, 2009. A presentation by the Health Department on H1N1 and a movie on the 1918 influenza epidemic was viewed. Dennis reviewed the list of Unmet needs, which have remained intact. The Budget will be reviewed again by the Finance Committee and will go before the board with a public hearing in late November. Dennis asked the committee to begin thinking about the Unmet Needs for 2010 and consider giving presentations to the board in February and March 2010. Dennis reviewed the upcoming agenda items for the HHS Board meeting.

Mike DeMares stated MHC Clients will be able to receive a regular flu shot in the next few weeks; some have already received it during the Health Fair. The H1N1 vaccine will be provided by the Department of Health at the Expo Center in the next few weeks for the general population. Discussion followed.

# Legislative report

Mike DeMares reviewed the law change for Emergency Detentions (51.42, E.D.). The law will be in effect on November 1, 2009. Formal training will take place this Thursday with jurisdictions to talk about and implement the law. Law enforcement will need to contact the charge nurse at MHC to determine whether or not an Emergency Detention is needed. MHC will take calls for adults and children. If the charge nurse does not approve an E.D., the psychiatrist on call will be contacted and the decision will be confirmed or changed by the doctor. Discussion followed.

# **CCS Coordinating Committee**

Diane Begos announced that she and Kim Fischer have been selected to Train the Trainers in Madison in November for the Person Centered Planning, the umbrella of the documentation, forms, attitudes taken, individuals and their needs, inclusion in recovery process and what Community Comprehensive Services means.

Joan Sternweis stated the MHC was a host site for Meaningful Participation of the trainers in WI that was held in September. Twenty consumers attended. This program reinforced person-driven and person-centered treatment plans.

# COP Report -

Joan Sternweis introduced Jolynn Ruud who is seeking a variance on behalf of a consumer. Joan explained a variance can be: 1.) A one time large amount of money or if services cost more than an average recipient would be allotted, or 2.) Clients experiencing severe and persistent mental illness, who qualify for COP funding, where there is a restriction that those individuals may only be

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served in facilities of eight beds or less, unless the COP Committee approves otherwise. Joan stated this is an elderly client who has been in her program for over 10 years. The current facility is approved for 14 beds, but the client has been there for four years. The client dose not need nursing home level of care. The client is very happy there, wants to remain there and her family is happy with the facility. Jolynn said this is a well-run facility with providers who are very supportive and are dedicated to the needs of their clients. A motion was made by Dennis Farrell to approve the expense and was seconded by Mary Madden. Joan Sternweis will follow up on the State with this item.

Joan Sternweis announced the COP Newsletter is now available on line. Joan handed out the first page of the website information.

#### Old Business -

There was no old business.

### New Business --

Mike DeMares reviewed the bylaws: The Chairperson may serve for up to four years. There is no recommendation for a Vice Chair.

# Election of Officers:

- Troy Norman was nominated for the position of Chair, for his third term. He agreed to the nomination.
- Mary Madden was nominated for the Vice Chair position, which she agreed to for one more year.

Dennis Farrell moved to elect Troy Norman as Chair and Mary Madden as Vice Chair. This was seconded by Corrine Gresen. The vote was unanimous for Troy Norman as Chair and the vote was unanimous for Mary Madden for Vice Chair.

Mary Madden requested ideas for the Educational Segments for 2010:

- 1915I Mike DeMares and Joan Sternweis review the 1915I status of Waukesha County once approved.
- Mental Health infrastructure seminars in December on funding for mental health in WI.
- Disabled Transportation needs to be addressed in the future, as other counties funding is being cut.
- Peer Specialist kick off meeting will be held in November. Mike DeMares and Joan Sternweis will bring in Peer Support Specialist(s) for the November 2009 meeting.
- Waukesha Memorial Hospital would like to present the internal changes to the committee in spring, per Corrine Gresen.

# Other -

The 2010 Mental Health Advisory Committee Meeting calendar was handed out.

Next Meeting: November 16, 2009

There was no other business. Corrine Gresen made a motion to adjourn. Mary Madden seconded the motion. The meeting was adjourned at 2:52 p.m.

Respectfully submitted,

Barb Sylvester Recorder

Minutes were approved <u>Trangle</u>. Apundu)

\_\_\_\_ Date <u>Moumbles, 14, 2009</u>

Cc:

Harlow Bielefeldt, Chair, AODA James Pearson, Chair of CAFSAC Sue Konkel, Chair, Public Health County Clerk, Waukesha County